

Sample Menu

Breakfast

Sample Breakfast Menu items

Breakfast Entrées

Veggie Quiche
Scrambled Eggs
Fried Eggs
Poached Eggs
Oatmeal
Cream of Wheat

Breakfast Side Items

Cinnamon Streusel
Coffee Cake
Sausage
Bacon
Cold Cereals
Fresh Fruit

Assorted Breads

Homemade Wheat
Homemade White
English Muffin
Cinnamon Raisin Toast

Beverages

Milk
Orange Juice
Apple Juice
Prune Juice
Cranberry Juice
Grape Juice
Tomato Juice

Lunch

Sample Lunch Menu items

Soups

Soup of the Day
Made Fresh Daily -
Beef Veggie with Noodles

Salads

Fresh Salad Bar
Pasta Salad

Daily Lunch Special

Sample Daily Special
BBQ Chicken Thighs
Carrots
Baked Potato w/
Sour Cream
Red Velvet Cake w/
Cream Cheese Frosting

Sides

Rice
Baked Potato
Greens Beans
Fresh Fruit
Yogurt
Corn

Alternatives

Baked Fish
Grilled Hamburger
Baked Chicken Breast
Dark Baked Chicken
Baked Pork Chop
Deli Sandwiches
BLT

Dinner

Sample Dinner Menu items

Soups

Soup of the Day
Made Fresh Daily -
Cream of Broccoli

Salads

Fresh Salad Bar
Pasta Salad

Daily Lunch Special

Sample Daily Special
Baked Ziti w/
Italian Sausage
Garlic Bread
Peanut Butter Cookie

Sides

Rice
Baked Potato
Greens Beans
Fresh Fruit
Yogurt
Corn

Alternatives

Baked Fish
Grilled Hamburger
Baked Chicken Breast
Dark Baked Chicken
Baked Pork Chop
Deli Sandwiches
BLT