

# Sample Menu

## Breakfast

*Sample Breakfast Menu items*

### *Continental Breakfast*

Bagel, Danish, Scone and Donuts  
Assorted Toasts  
Fresh Fruit  
Juice, Coffee or Tea

### *Hot Breakfast Served once a Week*

Choice of Eggs  
Bacon and Sausage  
Chipped Beef on Toast  
Cheese Blintz with Strawberries  
Choice of Beverage

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## Lunch

*Sample Lunch Menu items*

### *Soups*

Lentil  
Italian Wedding

### *Lunch Entrees*

Beef on Weck  
Curly French Fries  
Chocolate Chunk Cookie  
Choice of Beverage

### *Alternate Lunch Entrees*

Amberleigh Chef Salad  
Chicken Club Salad  
Hot Panini  
Fresh Deli Sandwich  
Fresh Fruit Plate with  
Cottage Cheese  
Hamburger or Hot Dog Served  
with French Fries

### *Desserts*

Assorted Desserts  
Sugar-free options are  
available for dessert

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## Dinner

*Sample Dinner Menu items*

### *Dinner Menu*

Pork Tenderloin  
Garlic Red Potatoes  
Roasted Zucchini with tomatoes  
  
Apple Pie a La Mode  
Choice of Beverage

### *Alternate Dinner Entrees*

Roast Chicken Quarter  
Catch of the Day  
Scrambled Eggs with Bacon  
Any Alternate Request from the  
Lunch Menu

### *Desserts*

Assorted Desserts  
Sugar-free options are  
available for dessert