

Sample Menu

Breakfast

Sample Breakfast Menu items

Breakfast Entrees

Blueberry Pancakes
Hot and Cold Cereals
Biscuits & Gravy
Waffles
Egg Sandwiches
French Toast
Egg Scramblers

Breakfast Side Items

Bacon, Sausage & Grilled ham
Fruit & Grapefruit
Croissant
Hash Browns

Juices

Orange Juice
Apple Juice
Cranberry Juice
Prune Juice

Breakfast Beverages

Coffee
Water
Milk

Assorted Breads

Biscuit
English Muffin
White or Wheat Toast

Lunch

Sample Lunch Menu items

Lunch Entrees

Chicken Fried Steak
Crab Cakes
Post Roast
Beef Burgundy
Baked Pork Chops
BBQ Ribs
Baked or Fried Chicken
Lasagna
Spaghetti
Stuffed Cabbage Rolls

Lunch Side Items

Buttered Carrots
Steamed Broccoli
Baked Red Potato Wedges
Creamed Peas
Creamed Corn
Buttered Beets
Buttered Turnips
Mixed Steamed Vegetables

Desserts

Strawberry Bavarian Desert
Lemon Pie
Apple Cobbler A La Mode
Hummingbird Cake
Sugar-free options are
available for dessert

Lite Dinner

Sample Lite Dinner Menu items

Soups

Tomato
Chicken Noodle

Salads

Garden Salad
Taco Salad
Bean Salad
Tomato and Cucumber
Macaroni Salad
Jell-O® Salad

Sandwiches

Grilled Cheese
Hamburger/ Cheeseburger
Ham & Cheese
Chicken Salad
Turkey
Tuna
BBQ Beef
Egg Salad or Fried Egg

Lunch Side Items

Tater Tots, French Fries & Chips
Mixed Fruits & Vegetables
Soup
Cottage Cheese

Desserts

Assorted Pies & Cakes
Tapioca Pudding
Strawberry Shortcake
Sugar-free options are
available for dessert