

Our Living Options

At The Wellington at Arapaho, we work collaboratively with the resident, family and, when needed, our team of caregivers to design a custom, person-centered approach to nurturing the whole self. Our first-rate amenities, active social involvement and delicious culinary options create genuine, meaningful experiences.



Independent Living Services

- 24-hour staffing
- Meals served daily
- Access to a third-party, on-site home health agency providing wellness checks
- Special nutrition counseling
- Housekeeping and linen services
- Recreational activities and entertainment
- Scheduled courtesy transportation



Assisted Living Services

- 24-hour staffing
- Regular personal care assessments
- Access to a choice of home health agencies
- Special nutrition counseling
- Meals served daily
- Medication reminders and administration available
- Escort and transfer assistance
- Housekeeping and linen services
- Bathing, dressing and grooming assistance
- Incontinence care
- Wellness, walking, balance and exercise classes
- Recreational activities and entertainment

The Wellington at Arapaho | 600 W. Arapaho Rd, Richardson, TX 75080
tel 469-330-2800 | fax 469-330-2299 | wellingtonatarapaho.com

 A CAPITAL SENIOR LIVING COMMUNITY



All health care services described on this brochure are provided by third-party vendors. Capital Senior Living does not endorse any particular third-party vendor.