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FOR IMMEDIATE RELEASE

**CAPITAL SENIOR LIVING CORPORATION ANNOUNCES  
RELEASE DATE FOR FIRST QUARTER 2019 FINANCIAL RESULTS**

DALLAS – (GLOBE NEWSWIRE) – April 30, 2019 - Capital Senior Living Corporation (NYSE:CSU) will host a conference call with senior management to discuss the Company's first quarter 2019 financial results. The call will be held on Thursday, May 9, 2019, at 10:00 a.m. Eastern Time. The Company's earnings announcement is scheduled to be released to news services before the market opens on Thursday, May 9, 2019.

The call-in number is 323-794-2423, confirmation code 7027397. A link to a simultaneous webcast of the teleconference will be available at [www.capitalsenior.com](http://www.capitalsenior.com) through Windows Media Player or RealPlayer.

For the convenience of the Company's shareholders and the public, the conference call will be recorded and available for replay starting May 9, 2019 at 12:00 p.m. Eastern Time, until May 17, 2019 at 12:00 p.m. Eastern Time. To access the conference call replay, call 719-457-0820, confirmation code 7027397. The conference call will also be made available for playback via the Company's corporate website, [www.capitalsenior.com](http://www.capitalsenior.com).

**About the Company**

Dallas-based [Capital Senior Living Corporation](http://www.capitalsenior.com) is one of the nation's largest operators of independent living, assisted living and memory care communities for senior adults. The Company's 129 communities are home to nearly 12,000 residents across 23 states and provide compassionate, resident-centric service and care as well as engaging programming. Capital Senior Living affords seniors the freedom and opportunity to successfully, comfortably and happily age in place. For more information, visit [www.capitalsenior.com](http://www.capitalsenior.com) or connect with the Company on [Facebook](https://www.facebook.com/capitalsenior).

For information about Capital Senior Living, visit [www.capitalsenior.com](http://www.capitalsenior.com).

Contact Carey Hendrickson, Chief Financial Officer, at 972-770-5600 for more information.