

# Our Living Options

At The Windcrest on Van Dorn, we work collaboratively with the resident, family and, when needed, our team of caregivers to design a custom, person-centered approach to nurturing the whole self. Our first-rate amenities, active social involvement and delicious culinary options create genuine, meaningful experiences.



## Assisted Living Services

- 24-hour staffing
- Regular personal care assessments
- Access to a choice of home health agencies
- Special nutrition counseling
- Meals served daily
- Medication reminders and administration available
- Escort and transfer assistance
- Housekeeping and linen services
- Bathing, dressing and grooming assistance
- Incontinence care
- Wellness, walking, balance and exercise classes
- Recreational activities and entertainment

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▲▲ A CAPITAL SENIOR LIVING COMMUNITY



All health care services described on this brochure are provided by third-party vendors. Capital Senior Living does not endorse any particular third-party vendor.